

LESS IS MORE

MAKING CHANGE – PART 1

START WITH AN ICEBREAKER QUESTION: YOU CAN FIND SOME ON PAGE 6 [HERE](#).

START **TALKING**. FIND A CONVERSATION STARTER FOR YOUR GROUP.

- How much closet space do you have for yourself?
- If you lost all your stuff tomorrow, how would you feel? Why?

START **THINKING**. ASK QUESTIONS TO GET YOUR GROUP THINKING.

- Read Ecclesiastes 4:6. Do you spend more energy finding tranquility with "one handful" or chasing after that second handful? Explain.
- What's your top-three of what matters most in your life? How is "stuff" involved with this list?
- Why do you think we tend to want more and more?

START **SHARING**. CHOOSE QUESTIONS THAT CREATE OPENNESS.

- Better is _____ with tranquility than _____ with stress and strife. Refer to Ecclesiastes 4:6 then fill in the blanks with your own personal examples.
- When you heard the words, "Cut back," what's the first thing you thought of?
- Pastor Mark talked about how being rich isn't having the most, it's needing the least. What would make you need less?

START **PRAYING**. BE BOLD, AND PRAY WITH POWER.

- Jesus, You said we shouldn't worry so much about what we eat and wear. You had no place to lay Your head. Can You teach us to need less? We want to be rich in love and generosity, not stuff. Amen.

START **DOING**. COMMIT TO A STEP AND LIVE IT OUT THIS WEEK.

- What's a doable starting point for cutting back, clearing out, and paying off? What one thing will you do in each area—this week—to make progress?
- Ask your group if they're interested in going through Financial Peace University together. It's not too late!

SCRIPTURES

Ecclesiastes 4:6 (NIV)

⁶ Better one handful with tranquillity than two handfuls with toil and chasing after the wind.

Matthew 6:25 (NIV)

²⁵ "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?"

Luke 12:22-24 (NIV)

²² Then Jesus said to his disciples: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. ²³ Life is more than food, and the body more than clothes.

²⁴ Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds!