

I CAN'T, YOU CAN

IN THE MEANTIME – PART 3

START TALKING. WITH AN ICEBREAKER QUESTION:

- You can find some on page 6 [here](#).
- What is something you never thought you would do, but you did? (i.e. roller coaster, sky dive, eat sushi, etc.)

START THINKING. ASK THE QUESTIONS THAT WILL GET YOUR GROUP THINKING.

- Read Philippians 4:10–13. Does the kind of contentment the apostle Paul describes seem achievable in our culture? Why or why not?
- Do you know someone who lives with pervasive discontentment? If so, how does that discontentment affect the quality of his or her life?

Philippians 4:10-13 (NIV)

I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. I am not saying this because I am in need, for I have learned to be content whatever the circumstances.

I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

I can do everything through him who gives me strength.

START SHARING. CHOOSE THE QUESTIONS THAT WILL CREATE OPENNESS.

- Talk about a season in your life when you were fully content. What was it about that season that fed your contentment?
- What are some things that make it difficult for you to believe God may do extraordinary and unexpected things through your challenging circumstances?
- How would your current season look different if you were able to resist the forces, pressures, and temptations of your circumstances?
- What is your primary source of discontentment right now? What is one thing you can do to live with more contentment out of the knowledge that you can't change your circumstances, but Jesus can? How can this group support you?

START PRAYING. BE BOLD, AND PRAY WITH POWER.

- Father, I can't. You can. I can, through You. Amen.

START DOING. COMMIT TO A STEP AND LIVE IT OUT THIS WEEK.

- Each day, ask yourself aloud, "Do those who have the most control seem the most content?"