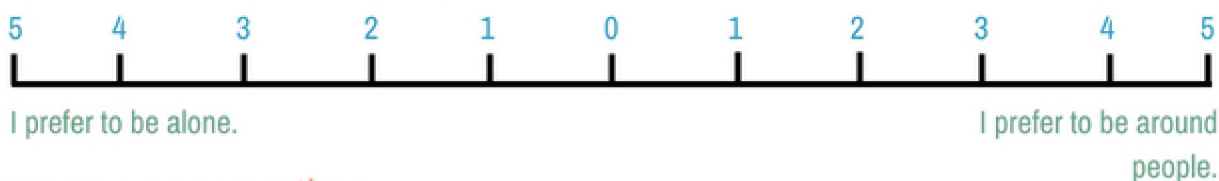




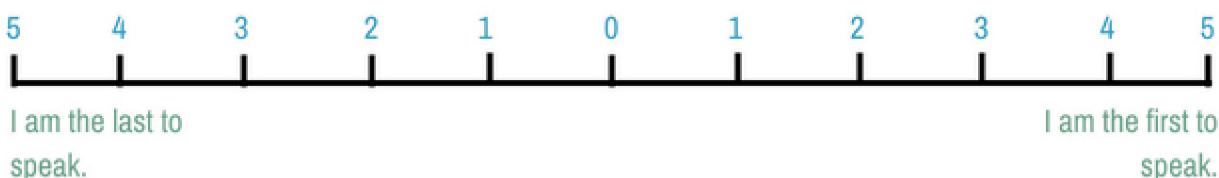
# ACTIVITY: HOW YOU CONNECT

Indicate where you fall on the scales below. There are no right or wrong answers--just think about your own tendencies when it comes to connecting with others.

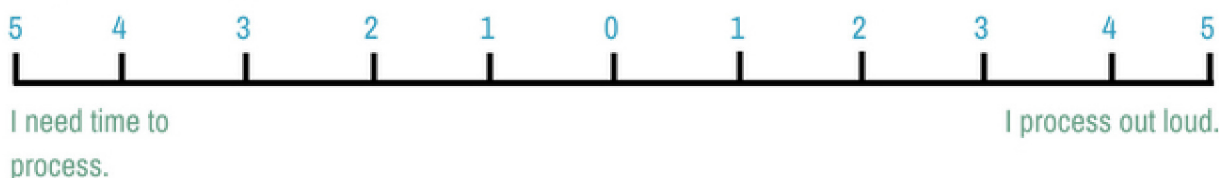
## In order to relax and re-energize...



## In a group conversation...



## When processing new ideas...



## When experiencing emotions...

