

## USE THE FOLLOWING QUESTIONS TO HELP YOUR GROUP CONNECT:

Do any of the words or phrases listed below describe how you're feeling or thinking about this new group?

◆ Excited

◆ "What's in this for me?"

◆ Skeptical

◆ "This will be good for me/us."

◆ Optimistic

◆ "My spouse made me come."

◆ Guarded

◆ "I hope they like me."

◆ Hopeful

◆ "Is this worth my time?"

◆ Other: \_\_\_\_\_

◆ "Please don't make me pray out loud."

